



RECREATION DEPARTMENT

The Heart of the Neighborhood

www.chulavistaca.gov/rec

270 F Street • (619) 691-5086



CalFresh Presentation

CalFresh, a federally funded nutrition program with benefits awarded on an EBT card (formerly known as food stamps), can help make it easier for older adults to get healthy food. The Norman Park Center welcomes the San Diego Food Bank to help you apply for the CalFresh Program*.

Thursday, August 16 at 11:00 am



If you are a senior on a fixed income; if your social security retirement is not enough to make ends meet; if you need more money for food, this free presentation is for you and the San Diego Food Bank will help you apply for CalFresh.

Good Things To Bring:

- ID (any type is okay)
- Proof of Income (Social Security Retirement, Unemployment, Veterans Benefits, Pension, Employment, etc.)
- Proof of Expenses (rent, mortgage, medical expenses, etc.)

Household Size	Potential CalFresh Benefits
1	\$260
2	\$367

Norman Park Center
270 "F" Street
Chula Vista, CA 91910
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**Seniors that collect SSI (Social Security Income) are not eligible for the program as part of the money is allocated by the state for food. Social Security Retirement is not the same as SSI and many individuals on Social Security Retirement qualify for Cal Fresh.*